



Instructions - Custom Avatar

Guidelines for Video Submission:

- Duration: Ensure the video is at least 2 minutes long.
- Camera Quality: Record with a high-resolution camera for clarity.
- Recording Environment: Choose a brightly lit and quiet setting.
- Camera Interaction: Maintain direct eye contact with the camera lens.
- Speech: Articulate clearly, pausing briefly after each sentence, and keep your mouth closed during these pauses.
- Body Language: Use subtle, universal gestures and keep your hands below chest level.

Avoid the Following:

- Editing: Do not stitch or cut the footage.
- Speech Flow: Avoid speaking continuously without pauses.
- Movement: Stay in one position throughout the recording.
- Background Distractions: Ensure there is no loud background noise.
- Lighting: Avoid having shadows or overexposure on your face.
- Eye Contact: Refrain from looking away or around during the recording.
- Hand Movements: Keep hand gestures below the chest level.

Submission:

Once you have recorded your footage, please send it to humatars@synthesys.io. Once the Custom Avatar is created in 7-10 business days, it will be added inside your account.

For any questions or assistance, feel free to reach out to the Synthesys team at support@synthesys.io.

Happy filming!